

Table 3-6
Diazepam regime for home/outpatient withdrawal

	8 a.m.	12 midday	5 p.m.	10 p.m.
Day 1	10 mg	10 mg	10 mg	10 mg
Day 2	10 mg	5 mg	10 mg	10 mg
Day 3	10 mg	5 mg	5 mg	10 mg
Day 4	5 mg	5 mg	5 mg	5 mg
Day 5	5 mg	–	5 mg	5 mg
Day 6	5 mg	–	–	5 mg
Day 7	–	–	–	5 mg
Day 8	–	–	–	–

Source: Palmer (2001, p. 12)